



AzAIMH

ARIZONA ASSOCIATION FOR INFANT MENTAL HEALTH

Courage to Thrive: Immigrant Families Overcoming System Induced Trauma

This 2-part workshop will cover the impact of complex trauma, toxic stress, and fear on brain development, learning, and attachment in early childhood. This will be framed in the context of historical trauma, the current anti-immigrant socio-political climate, and immigration policy of forced family separations. Presenter will introduce strength-based, trauma-informed strategies informed by Child Parent Psychotherapy (CPP) principles to foster repair among ruptured attachments. This training will address competencies required for AzAIMH Endorsement for Culturally Sensitive, Relationship Focused Practice Promoting Infant Mental Health.

Presenter

Vilma Reyes, Psy.D.

Dr. Vilma Reyes is an Associate Clinical Professor and the Director Training at the University of California, San Francisco in the Child Trauma Research Program. Since 2009, she has been providing Child-Parent Psychotherapy (CPP) services, training, clinical supervision, consultation and coordinating community-based mental health outreach services and evaluation. Dr. Reyes is an immigrant from Peru and is devoted to increasing access to trauma-informed services for Latine immigrant families.

DATE:

March 20th and April 10th, 2026

TIME: 9:00AM – 12:00 each day

2- part training

3 hours each day

(total of 6 hours)

LOCATION: Virtual

Cost: members \$100 , nonmembers \$130



Register Here

azaimh.org