



INFANT-TODDLER MENTAL HEALTH
COALITION OF ARIZONA
PO Box 2234
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The Infant-Toddler Mental Health Coalition of Arizona
Presents

An Introduction to the Parent Development Interview

Arietta Slade, Ph.D.

Friday, April 4th, 2025

9:00AM – 12:00PM (PT)

Virtual

The Parent Development Interview (PDI; Slade et al., 2004) is a semi-structured clinical interview that invites parents to describe their child, themselves as parents, and the parent-child relationship. It has been validated across a number of samples and has been used widely in research across the US and Western Europe. In this first of two webinars, we will introduce the PDI and describe its use as a measure of parental reflective functioning or mentalizing. We will use transcripts from a broad range of parents to examine the following questions: To what extent are they able to envision their child's thoughts and feelings? How are their experiences of the child disrupted by their own defenses and struggles to reflect? This training will address competencies required for *ITMHCA Endorsement for Culturally Sensitive, Relationship Focused Practice Promoting Infant Mental Health*.

Arietta Slade, Ph.D. is Professor of Clinical Child Psychology at the Yale Child Study Center, and Professor Emerita of Clinical Psychology at the City University of New York. An internationally recognized theoretician, clinician, teacher, and researcher, she has written widely on reflective parenting, the development of parental reflective functioning, and the implications of attachment and mentalization theory for child and adult psychotherapy. She is a Co-Founder and Co-Director of *Minding the Baby™*, an evidence-based interdisciplinary reflective home visiting program for high-risk mothers, infants, and their families, at the Yale Child Study Center and School of Nursing. Dr. Slade is winner of the Bowlby-Ainsworth Award from the New York Attachment Consortium, and author of the *Enhancing attachment and reflective parenting in clinical practice: A Minding the Baby Approach* (Slade, with Sadler, Eaves, and Webb, 2023). She is also author, with Jeremy Holmes, of *Attachment in Therapeutic Practice* (Holmes & Slade, SAGE Publications, 2018), and editor of the six volume set, *Major Work on Attachment* (Slade & Holmes, SAGE Publications, 2014), as well as *Mind to Mind: Infant Research, Neuroscience, and Psychoanalysis* (Jurist, Slade, & Bergner, Other Press, 2008), and *Children at Play* (Slade & Wolf, Oxford University Press, 1994). She has been in private practice for over 40 years, working with individuals of all ages.

The cost is \$60 for members & \$80 for non-member

Pre-registration required at www.itmhca.org