



# AzAIMH

ARIZONA ASSOCIATION FOR INFANT MENTAL HEALTH

## Observing and Interrupting the Intergenerational Transmission of Historical and Individual Trauma in Parent-Infant Relationships

This two-part workshop provides a brief overview of the theory behind the intergenerational transmission of individual and historical trauma, followed by a central question: How do families tell us about their pain? Grounded in infant mental health practice, we will focus on listening closely to what infants and caregivers communicate—in words and behavior. We will explore caregiving patterns associated with infant disorganized attachment and reflect on the questions we ask and the observations we offer when the “ghosts in the nursery” strain the parent–infant relationship. Between sessions, participants will be invited to practice expanding their observations and return on day two with dilemmas, questions, and reflections for shared discussion. This training will address competencies required for AzAIMH Endorsement for Culturally Sensitive, Relationship Focused Practice Promoting Infant Mental Health.

### Presenter

**Julie Ribaldo, PhD, LMSW**

Julie is a Clinical Professor at the University of Michigan, where she teaches courses on infancy, early childhood, and child and adult psychotherapy. She is an endorsed Infant Mental Health (IMH) Mentor and Reflective Consultant. Before teaching, she worked for many years as an IMH Specialist in community mental health, Head Start, and child welfare. Julie is a co-creator of the Michigan Model of Infant Mental Health–Home Visiting training program, a faculty researcher with Zero to Thrive in the Department of Psychiatry, and an At-Large board member of the World Association for Infant Mental Health.

### DATE:

May 8 and May 29, 2026

**TIME: 9:00AM – 12:00 each day**

**Two 3-hour presentations  
(total of 6 hours)**

**LOCATION: Virtual**

**Cost: members \$100 , nonmembers \$130**



**Register Here**

[azaimh.org](https://azaimh.org)