

Arizona Association for Infant Mental  
Health Presents:

# CONNECTING WITH PARENTS

Understanding the Unique Needs  
of Parents and Caregivers

Serena Samaniego, LPC, IMH-E®

**Friday,  
September 12  
9 am-noon**

In Person Training Hosted At  
Casa de los Ninos  
1120 N 5<sup>th</sup> Ave  
Tucson, AZ 85705

**REGISTER NOW!**

<https://azaimh.org/training-events/>

## **Training Description:**

Parents and caregivers are faced with balancing a multitude of roles and responsibilities. This training dives deeper into the unique needs of parents and caregivers as it relates to infant and early childhood. Participants will apply a trauma responsive lens to explore effective ways of engaging parents and caregivers. This training incorporates the importance of community building and compassion when supporting parents and those in caregiving roles.

## **Presenter Bio:**

Serena Samaniego is a Licensed Professional Counselor and has over 17 years of experience in the field of mental health. Serena is an Infant Mental Health Specialist and Endorsed Reflective Supervisor. Serena's professional interests include helping children and families who have experienced trauma reconnect with hope and resiliency as well as promoting the importance of trauma responsive communities.