



# Supporting Young Children's Emotional Wellbeing at the Intersection of Race, Ethnicity, and Gender

**2 part training**

**October 24<sup>th</sup> & November 7th  
2025**

**9:00am - 12:00pm**

**Virtual**



This two-part training invites early childhood professionals to disrupt dominant narratives around emotion, identity, and behavior by examining the intersections of race, ethnicity, and gender in early development. Grounded in relationship-building, parallel process, and reflective practice, participants will engage in exercises that support naming assumptions and biases while exploring nontraditional theories that center racial socialization and emotional wellbeing, especially for children who've experienced early adversity. This series challenges professionals to reimagine how they understand and support young children's emotional lives. Attendance at both sessions is highly encouraged, as each builds toward deeper integration of relationshipbased approaches.

**Evandra Catherine, Ph.D., IMH-E®** is a research professor and early childhood consultant whose work bridges research, practice, and policy. Her research explores the intersections of emotional development, race, gender, and developmental disabilities. She designs and delivers professional development grounded in evidence-based elements, ensuring relevance and impact for early childhood professionals.

**Register at [www.azaimh.org](http://www.azaimh.org)**

**members - \$90 / nonmembers - \$120**

**includes both days**